

David Allen & Steve Hoffmann August 2009 Workshop Series

Meridian Flexibility
Meridian Psychology
Belief Transformation
Sound Healing (*Mary Electra*)
Soul Recovery



August 15th - 16th, 27th, and 29th - 30th The Healing Room in Los Altos Hills

- Learn how your energy meridians influence your muscles, body tissues, health, personality, and constitution
- Stretches to improve your physical, mental, spiritual, and emotional health
- Experience how different types of people view the world
- Understand how the meridian system relates to physical, psychological, and medical well-being
- Muscle testing for supplements, foods, remedies, and meridian psychology
- Experience the power of sound healing and tonal alchemy
- Heal your physical and metaphysical injuries, and unlock the potential of your body, mind, and spirit

Learn what 41-year-old Dara Torres refers to as her 'Secret Weapon' in winning the Olympic medals

For Meridian Flexibility exercises, wear clothing comfortable for stretching, as you would when attending a yoga class. Bring a yoga mat if you have one.

David and Steve have many years of experience working with healers, professionals, and athletes repairing muscles and other tissues, healing chronic medical conditions, and facilitating metaphysical restoration. E-mail or phone registration info / requests to

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