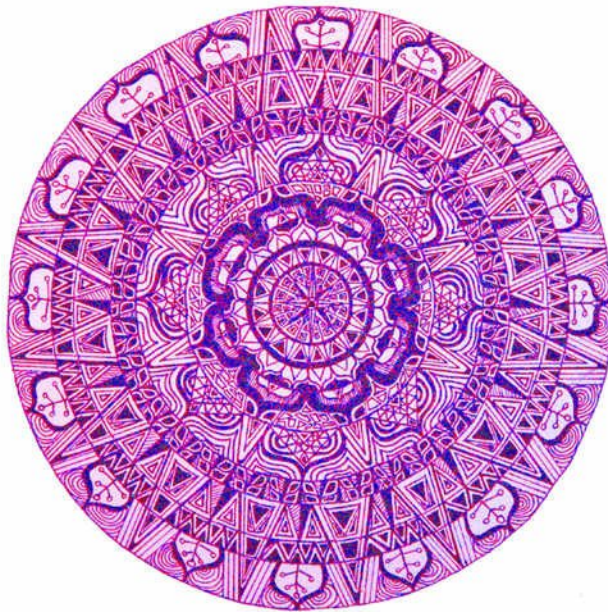


## Meridian Psychology Workshop



David Allen  
&  
Steve Hoffmann

**April 4<sup>th</sup> and 5<sup>th</sup>  
Los Altos Hills, CA**

**Saturday: 10 am – 5 pm  
Sunday: 9 am – 4 pm**

- Learn how Traditional Chinese Medicine meridians influence your muscles, body tissues, and health
- Stretches to improve your physical, mental, and emotional health
- Experience how different types of people view the world
- Understand how the meridian system relates to physical, psychological, and medical well-being
- Muscle testing for supplements, foods, remedies, and meridian psychology

***Learn what Dara Torres refers to as her 'Secret Weapon'  
in winning the Olympic medals***

Wear clothing comfortable for stretching, as you would when attending a yoga class. Bring a yoga mat.

*Only \$300 for two days (12 hours) of training. David and Steve have many years of experience working with professionals and athletes repairing muscles and other tissues and healing chronic medical conditions. You'll receive a workbook filled with diagrams and unpublished material. E-mail registration info / requests to [dave@innovativebodysolutions.com](mailto:dave@innovativebodysolutions.com)*

[www.MeridianFlexibility.com](http://www.MeridianFlexibility.com)