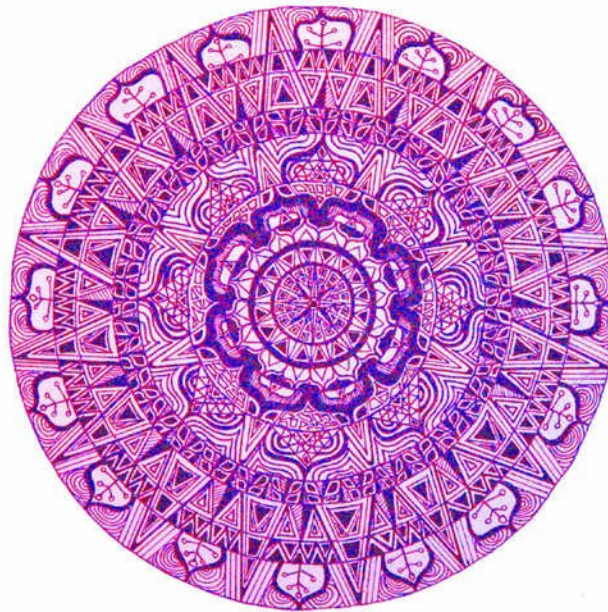


**Meridian
Psychology
Workshop**



**David Allen
&
Steve Hoffmann**

**February 21st and 22nd
Cabaña Hotel, Palo Alto, CA**

**Saturday: 10 am – 5 pm
Sunday: 9 am – 4 pm**

- Learn how Traditional Chinese Medicine meridians influence your muscles, body tissues, and health
- Stretches to improve your physical, mental, and emotional health
- Experience how different types of people view the world
- Understand how the meridian system relates to physical, psychological, and medical well-being

***Learn what Dara Torres refers to as her 'Secret Weapon'
in winning the Olympic medals***

Wear clothing comfortable for stretching, as you would when attending a yoga class. Bring a yoga mat.

Only \$500 for two days (12 hours) of training. You'll receive a workbook filled with diagrams and unpublished material. E-mail registration info / requests to dave@innovativebodysolutions.com